



St. Michael's C.E. (Controlled) Junior School

Church Lane East, Aldershot, Hampshire, GU11 3SS

Headteacher: Mrs Jenny Jones

Inspired by Him, we serve the community of St Michael's by creating an inclusive learning culture where all differences are respected, where courage is shown to face and overcome adversity, and resilience is embedded in our journey to success so we can be the very best we can be.

24th May 2022

Dear Parents/Carers,

I am writing to let you know that in year 4 this half term our PSHE and Citizenship topic covers the Sex and Relationship Education part of the curriculum which has been carefully designed for children of this age.

The focus for our learning in the week beginning 6th June will be:

- Families and changing relationships
- How bodies change as we grow and approach puberty (including external parts of the body and the external reproductive system)
- How our emotions change as we grow
- The importance of personal hygiene

Please note that these lessons will not focus on human reproduction or menstruation.

All teaching materials are appropriate to the age and emotional maturity of the children concerned and the teachers will aim to present the lessons in an objective, balanced and sensitive manner. Throughout the topic the correct biological terms will be used and there will be opportunities for questions and discussion within the safe environment of the classroom. Please be reassured that any issues raised during this time will be handled sensitively and appropriately.

I hope that by drawing your attention to this programme that it will give you, if you wish, an opportunity to discuss the subject with your child in preparation for these sessions. If you would like to discuss the lessons, please do not hesitate to contact your child's teacher.

Yours sincerely

The Year 4 Team

